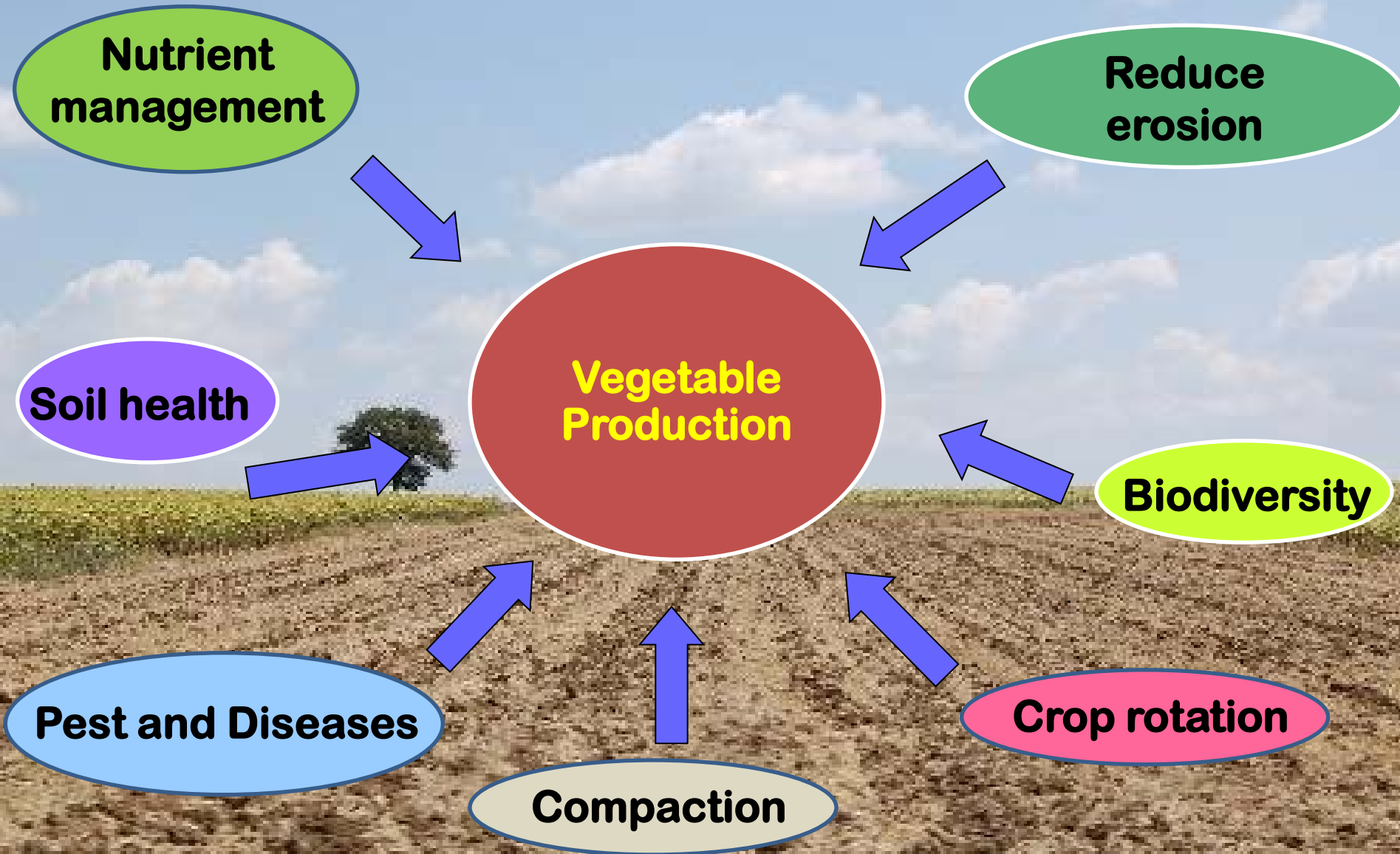


# **Summer cover crops for fall vegetable production**

*Dr. Ajay Nair  
Department of Horticulture  
Iowa State University*



# How cover crops affect vegetable production systems



**Marketing**

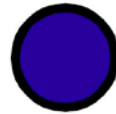


**Irrigation**

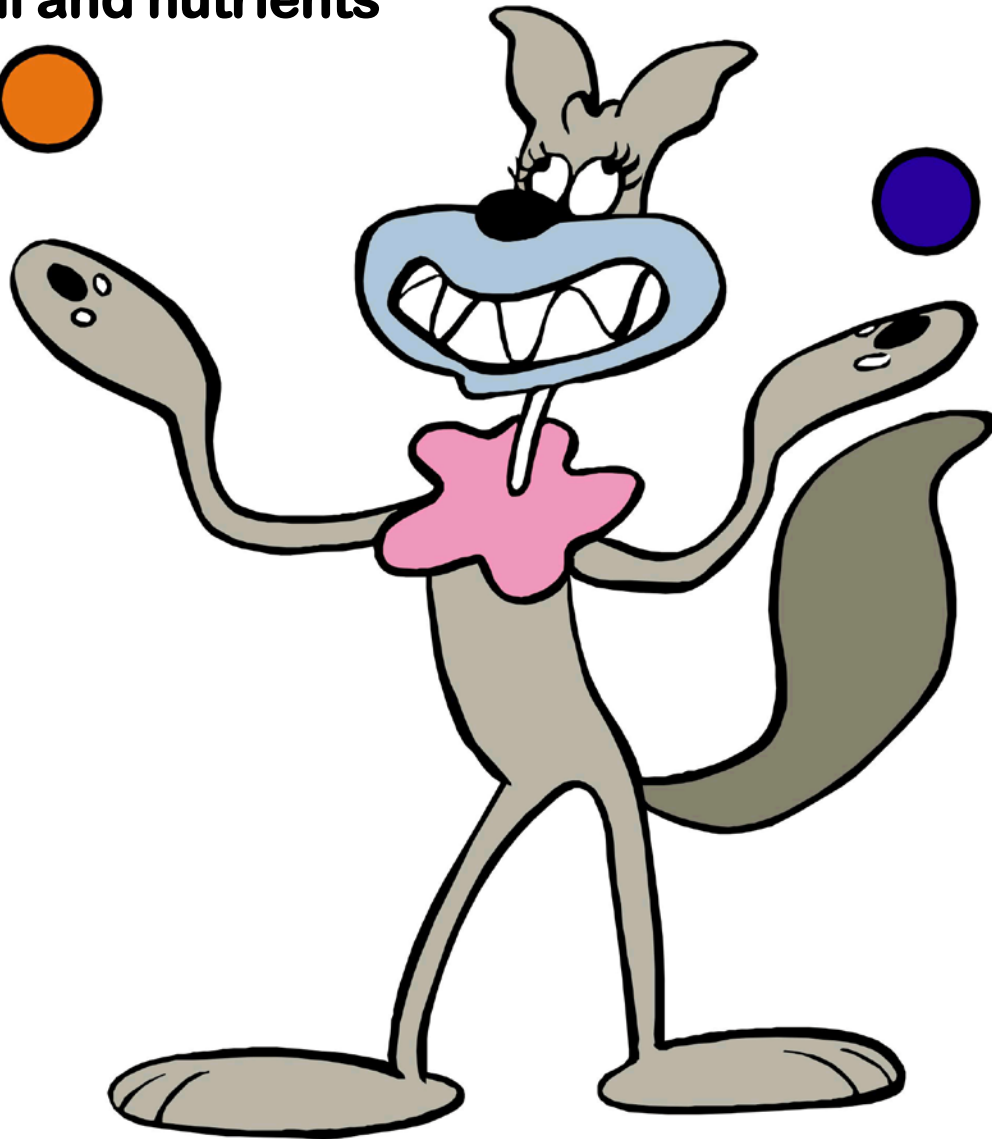


**Equipment**

**Soil and nutrients**



**Pest and  
Diseases**



**Horticulturist in  
action**

# What do you want from a cover crop

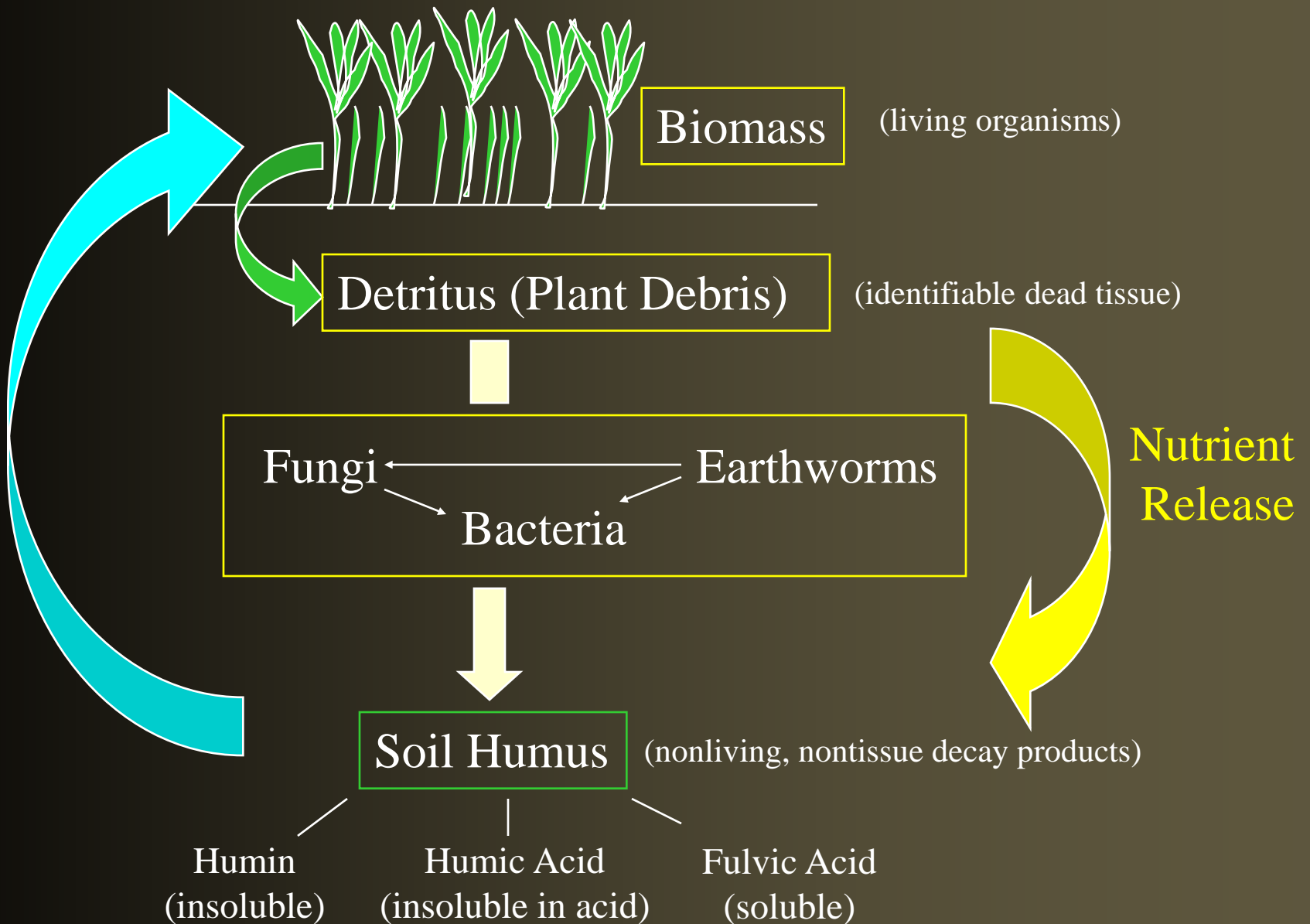
- Soil organic matter
- Weed suppression
- Improve soil health
  - Microbial biomass
  - Microbial diversity
- Nitrogen addition
- Reduce soil erosion



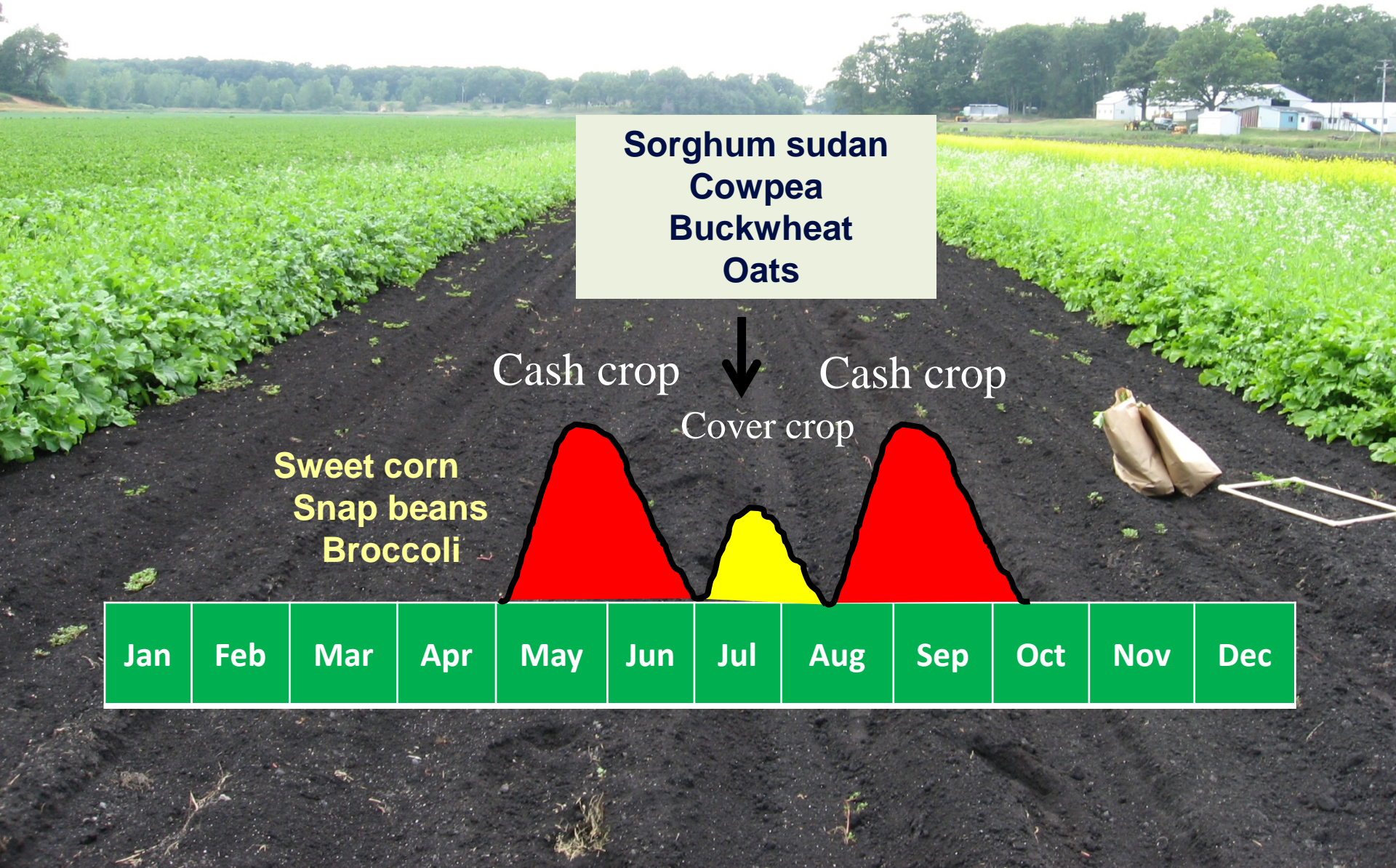
# Cover crop benefits

- Add organic matter
- Reduce soil erosion
- Supply N to subsequent crops if legume
- Reduce soil compaction
- Improve nutrient recycling (catch crops)

# Organic Matter



# Cover cropping window: summer





# Experimental Design

- **Split plot randomized complete block**
- **Whole plot= Cover crop**
- **Sub plot= Plastic mulch**
- **Cover crop**  
buckwheat, cowpea, sorghum sudangrass,  
or no-cover crop
- **Plastic mulch**  
black, blue, red, or white plastic mulch





**Cover crop seeding  
June 20, 2012; July 10, 2013**



# Sorghum sudangrass

- Summer cover crop
- Seed germination at 55F
- Biomass= 6-8 ton/A
- Seeding: 35-50 lb/A
- Rapid growth
- Great soil builder (biomass)
- Allelopathic properties







**Seeded:**  
**June 20, 2012**  
**Harvested:**  
**August 21, 2012**



A photograph of a field of Sorghum-sudangrass plants. The plants are tall, green, and have long, narrow leaves. They are growing in rows, with a dirt path or road visible in the background. The background also shows a line of trees under a cloudy sky.

**Sorghum-sudangrass**



# Buckwheat (*Fagopyrum esculentum*)

- Quick growth
- Seed germination at 50F
- Biomass= 2-3 ton/A
- Seeding: 35-45 lb/A
- Plant early fall or between crops in the summer
- Attracts beneficials



50-90lb/A

**Buckwheat**





Cow pea (80-90 lbs/A)







**Control plot**

The image shows a field with a dense stand of green vegetation in the foreground, identified as a control plot. To the left, there is a tall cornfield. The background features a line of trees under a clear sky. The ground in the foreground is uneven, with patches of green plants and bare soil.





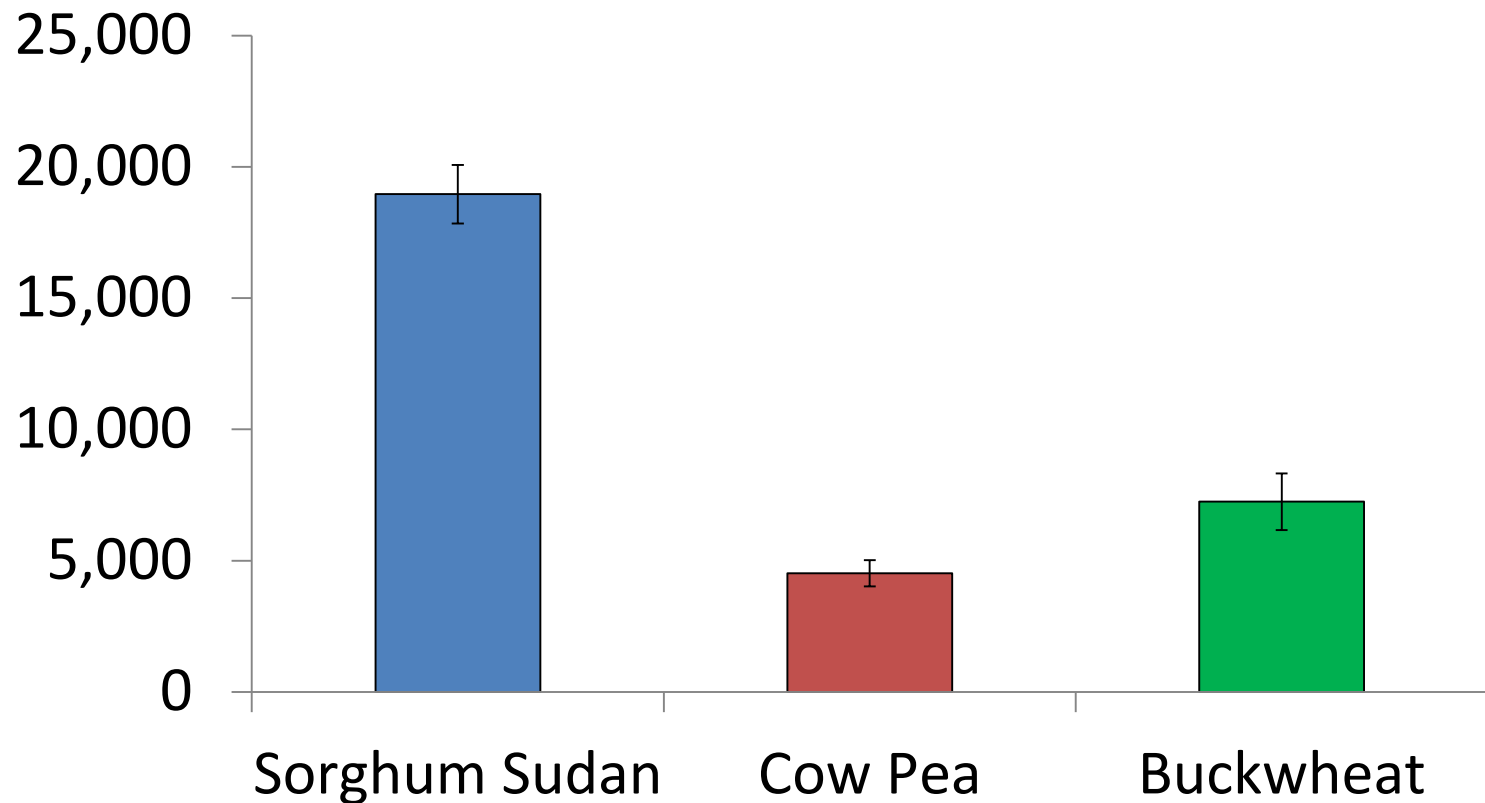
Lettuce 'Nancy'





# What a range !

## Biomass (lb/A)





# Light reflectance (PAR spectrum)

micro moles per meter square per second

<b>Plastic mulch</b>	<b>Mid October</b>	<b>Early November</b>
<b>Black</b>	89	8
<b>Blue</b>	123	12
<b>Red</b>	166	16
<b>White</b>	555	29



# Soil Temperature (°F)

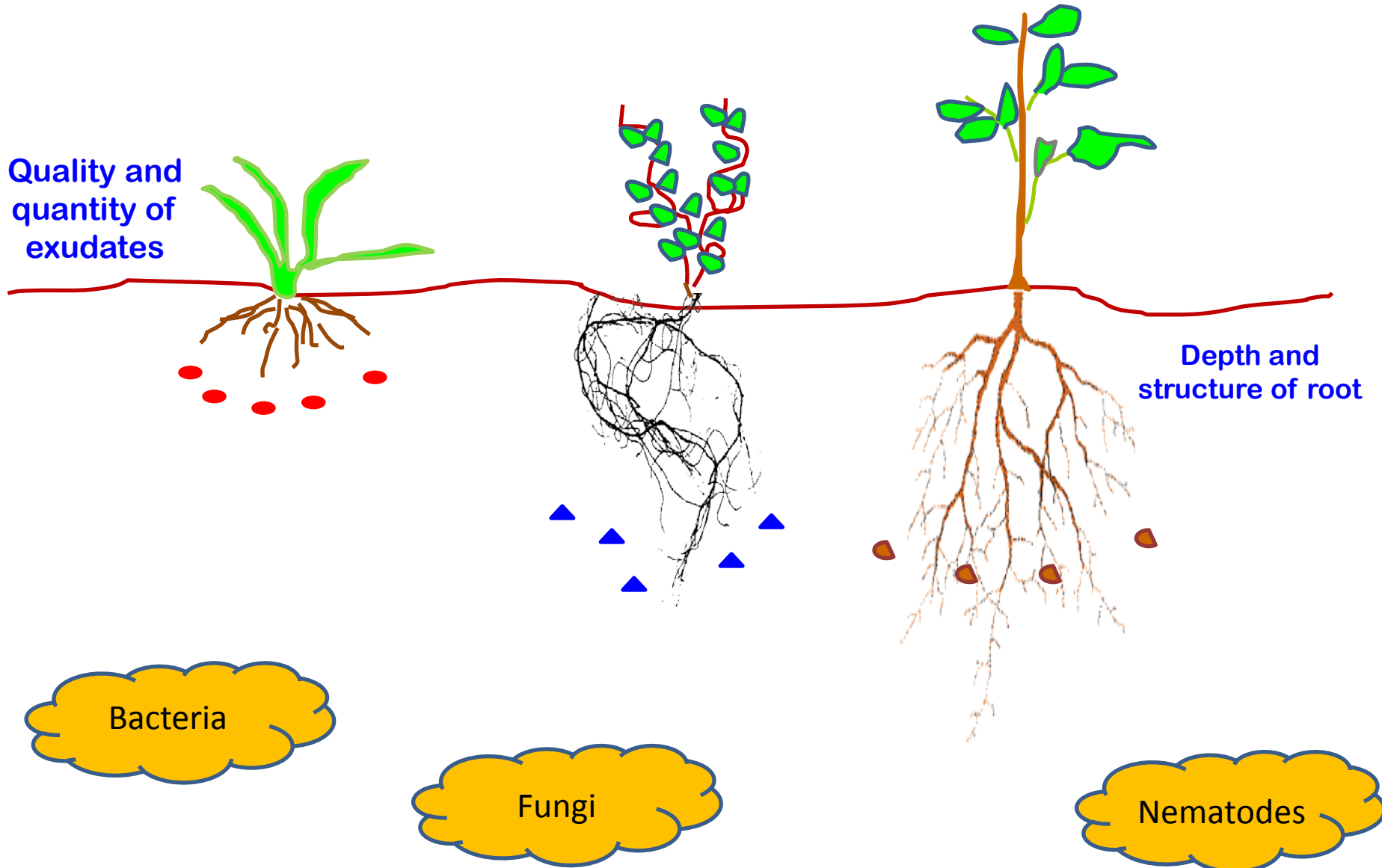
Plastic mulch	Averaged across the growing season
Black	52
Blue	51
Red	51
White	50



# Lettuce yield

<b>Treatment</b>	<b>Marketable number</b>	<b>Marketable weight (kg)</b>
<b>Control</b>	13 b	1.0 b
<b>Cowpea</b>	18 a	1.6 a
<b>Buckwheat</b>	5 c	0.3 c
<b>Sorghum Sudan</b>	0 d	0 d

# Crop diversity can influence soil biology



Control

Sorghum sudangrass





# Cover crop effect on leaf characteristics

<b>Treatment</b>	<b>SPAD</b>	<b>Leaf number</b>	<b>Leaf area (sq. cm)</b>
Buckwheat	27.7 a	19 b	891 c
Control	27.1 a	21 a	1100 b
Cowpea	27.7 a	22 a	1207 a
Sorghum Sudan	23.7 b	15 c	435 d

# Plastic mulch effect on leaf characteristics

<b>Treatment</b>	<b>SPAD</b>	<b>Leaf number</b>	<b>Leaf area (sq. cm)</b>
Black	26.9	19 ab	879 b
Blue	26.4	17 c	862 c
Red	26.6	20 a	1056 a
White	26.4	18 b	838 d

# Oats (*Avena sativa*)

- Quick growth
- Seed germination at 38F
- Biomass= 1-2 ton/A
- Seeding: 35-45 lb/A
- Plant early fall or between crops in the summer





# Oats



# Brassica Cover Crops



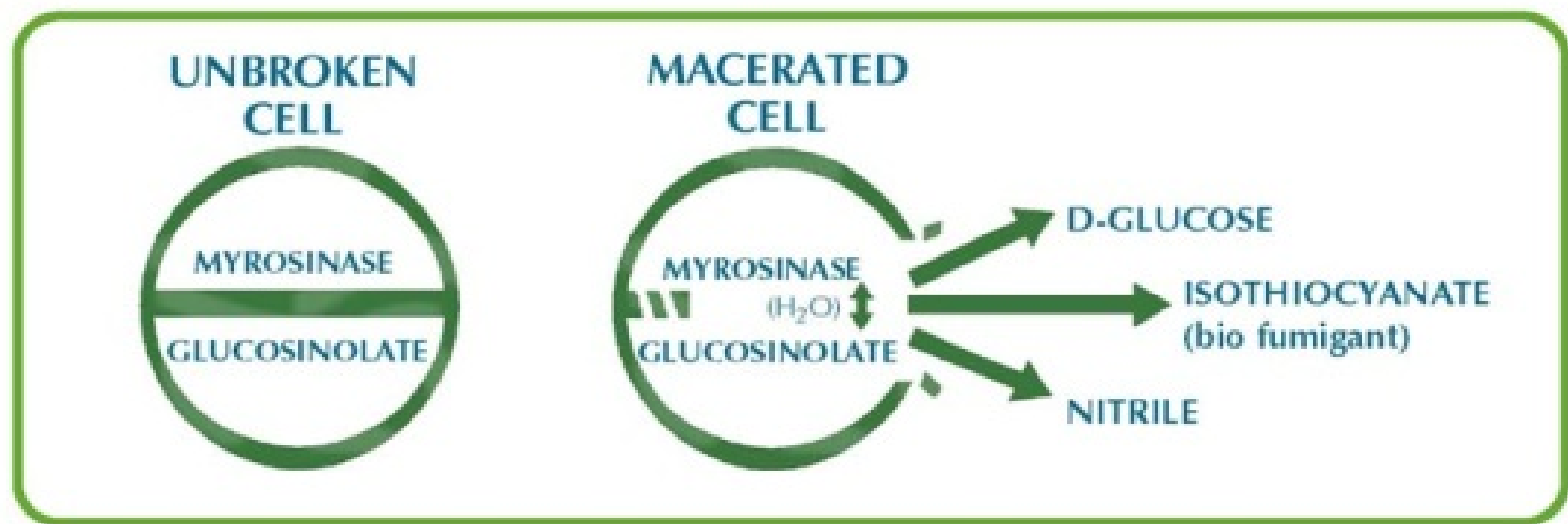
**Yellow mustard**  
**Brown mustard**  
**Oilseed radish**

- **Fall planted**
- **Erosion control and nutrient scavenging**
- **Biofumigants**
- **Nematode suppression**
- **Reduce compaction**
- **No-till option with mustards**

# Brassica cover crops as Biofumigants



The biofumigation process.





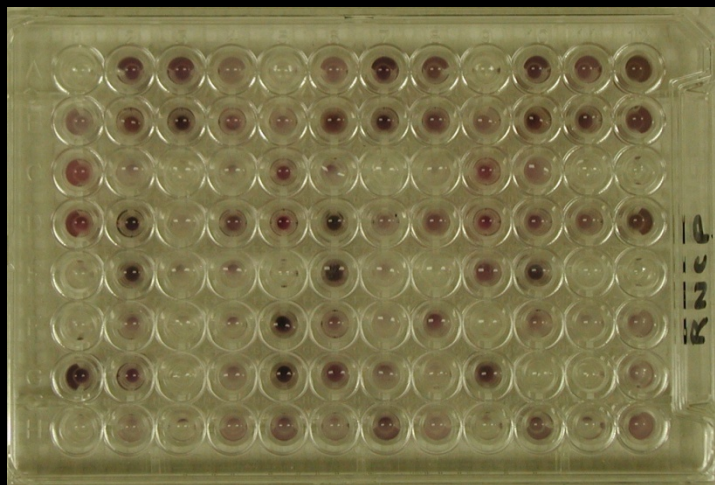
# Significance of soil microflora and fauna

- Breakdown complex molecules and compounds
- Pathogen suppression
- Stabilization of soil aggregates
- Nutrient cycling

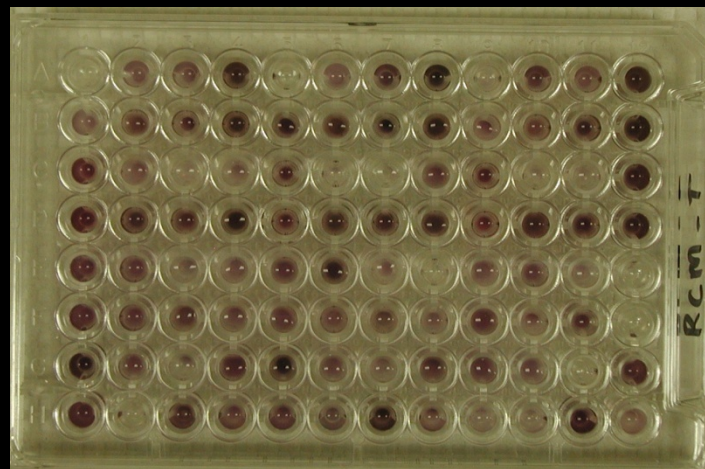


Bacteria  
Fungi  
Nematode  
Mycorrhizae

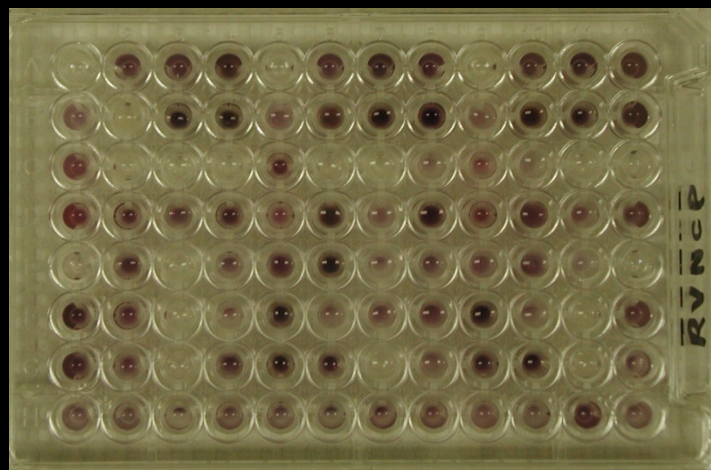




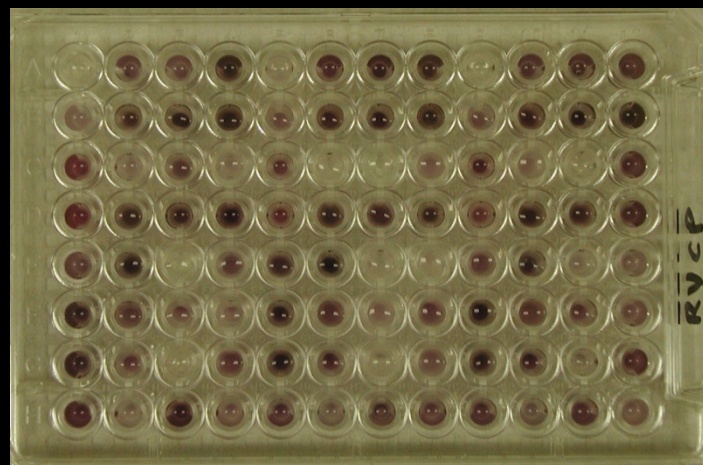
**Rye – No Compost**



**Rye - Compost**



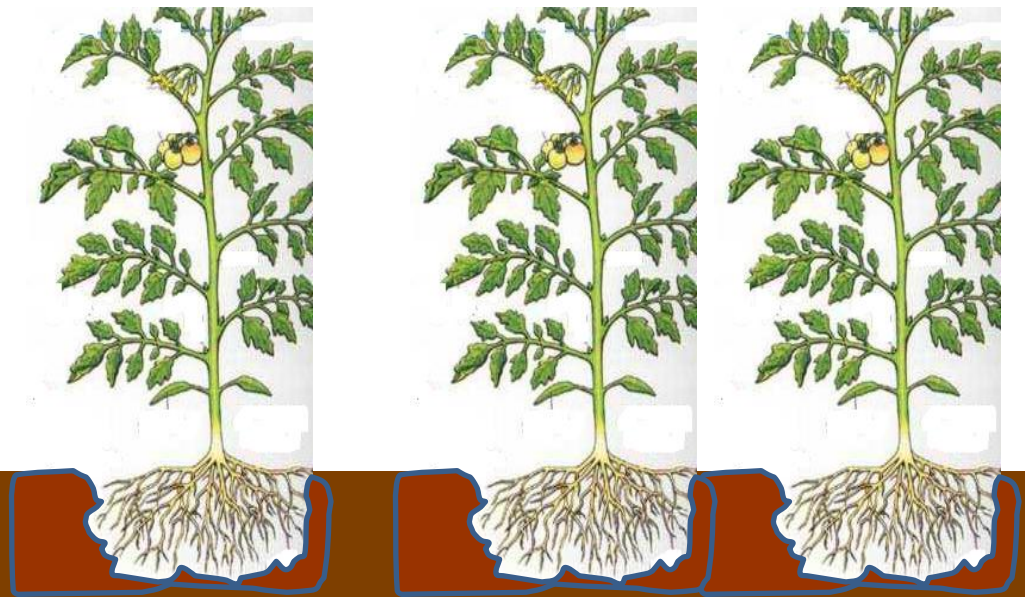
**Rye Vetch – No Compost**



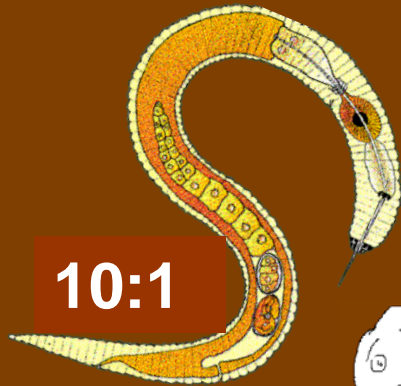
**Rye Vetch - Compost**

What do  
nematodes do in  
the soil ?

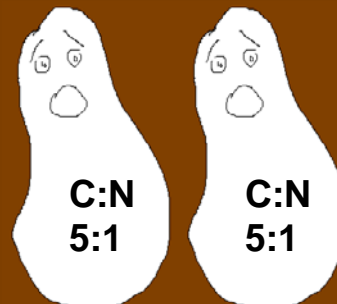
**Nutrient Cycling**



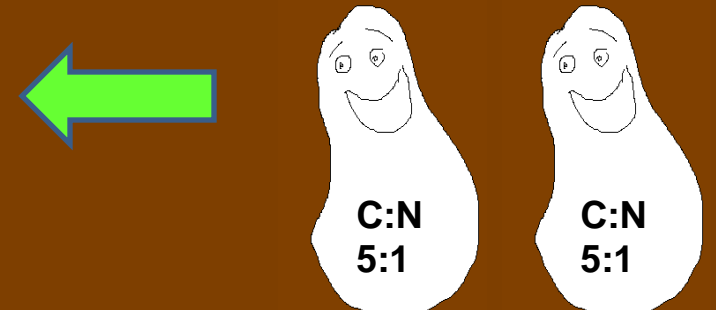
**N**



**10:1**

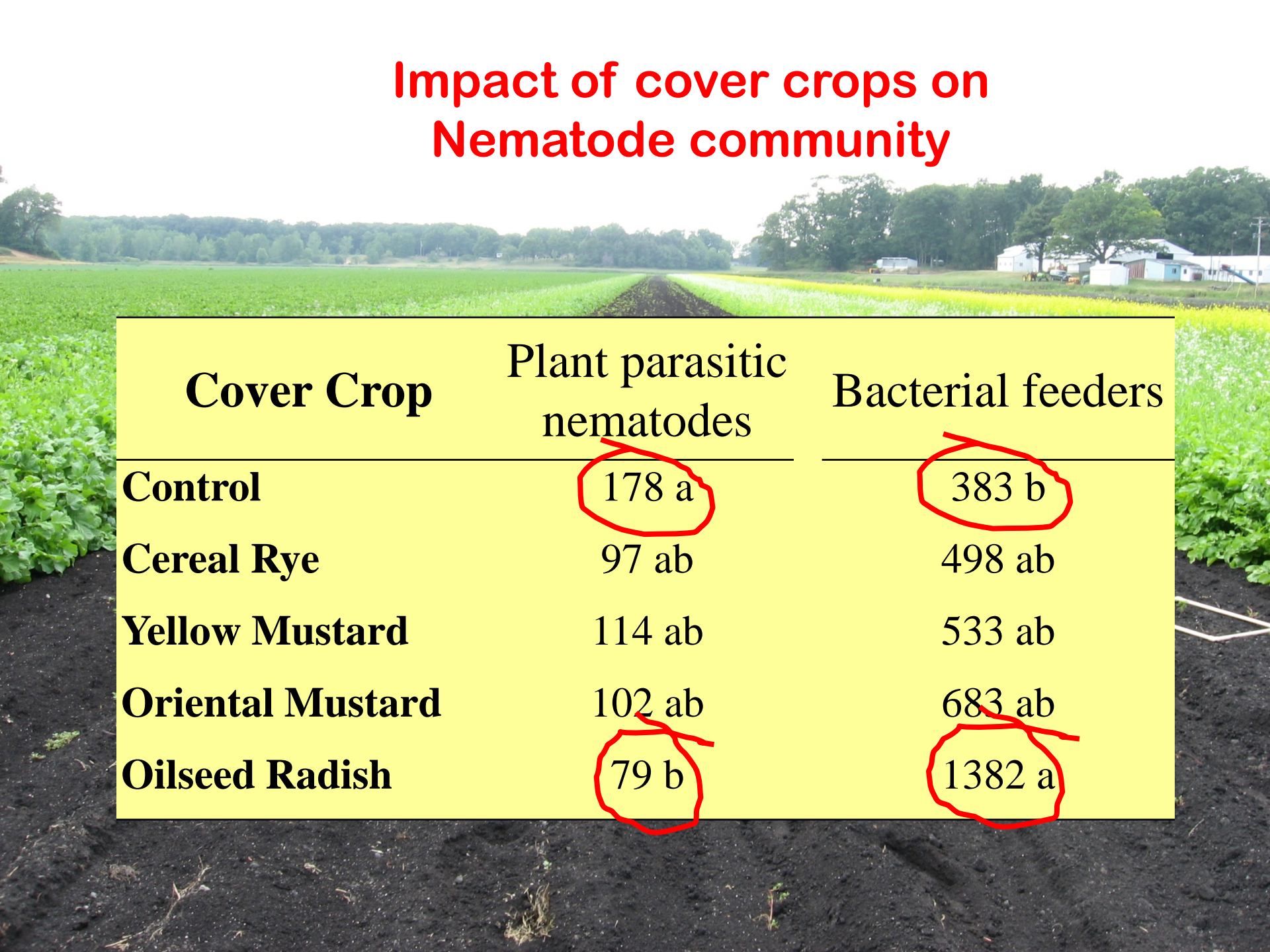


**Happy bacteria**





# Impact of cover crops on Nematode community



Cover Crop	Plant parasitic nematodes	Bacterial feeders
Control	178 a	383 b
Cereal Rye	97 ab	498 ab
Yellow Mustard	114 ab	533 ab
Oriental Mustard	102 ab	683 ab
Oilseed Radish	79 b	1382 a

# Yellow Mustard or oilseed radish

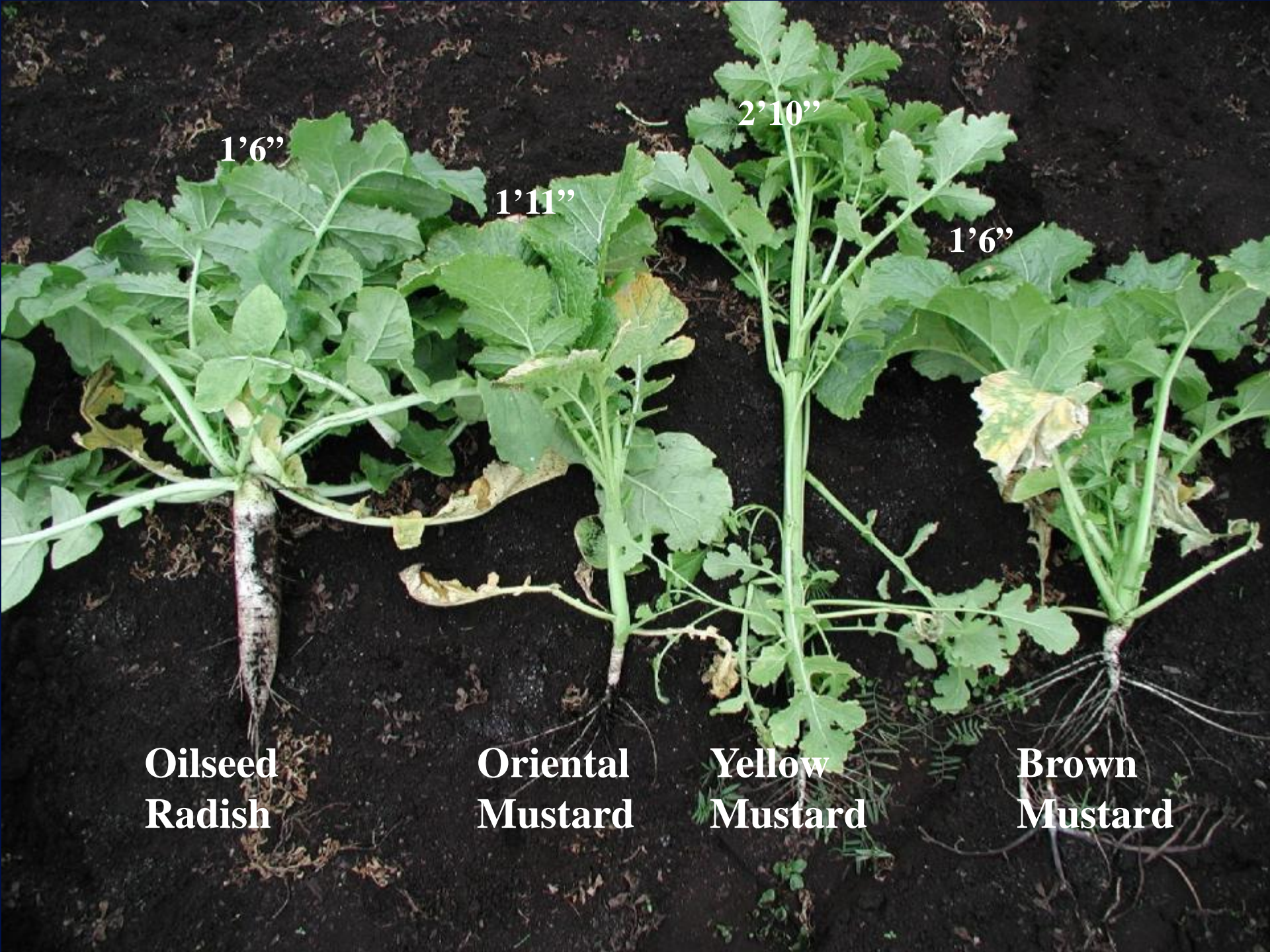
- **3-4 ton/A biomass**
- **Seeding: 7-10lb/A (broadcast)**
- **Late fall or early spring**
- **35-40 days from seeding to flowering**
- **Could become a weed ! so terminate when 70-80% bloom**



# Cover crop research at Rinehart Farms, Boone IA







1'6"

1'11"

2'10"

1'6"

**Oilseed  
Radish**

**Oriental  
Mustard**

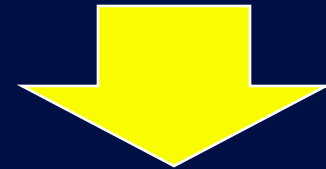
**Yellow  
Mustard**

**Brown  
Mustard**





- *Excellent biomass production*
- *Large taproot good for soil aeration*

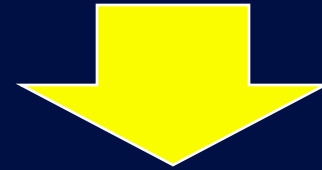


***Cultivar  
'Daikon'***

**Source: Mathieu Ngouajio**



□ *Huge tap roots if allowed adequate time to grow*



***Cultivar  
‘Defender’***

**Source: Mathieu Ngouajio**





**Yellow mustard**





**High Weed pressure**

**Control plots (no cover crop)**



**Very low weed pressure**



**Yellow Mustard**



Kroul Farms (07-16-2013)





**John Kroul Farms  
Mt. Vernon**

**Seeded: 3<sup>rd</sup> June 2013  
Harvested: 16<sup>th</sup> July**









## SEED HOUSES

<b>ALBERT LEA SEED HOUSE</b> Albert Lea, MN 507-373-3161	<b>EVER BEST ORGANICS</b> Snover, MI 810-672-9497	<b>GREEN COVER SEED</b> Bladen, NE 402-469-6784	<b>KAUFFMAN SEEDS</b> Haven, KS 620-465-2245 800-634-2836	<b>MIDWEST GRASS &amp; FORAGE</b> Industry, IL 309-255-9503	<b>PENNINGTON SEEDS</b> Madison, GA 800-285-7333	<b>PREMIUM SEED SUPPLY</b> Clayton, IL 217-894-7054	<b>SEXAUER DISCOUNT FARM SERVICES</b> Brookings, SD 605-696-7924	<b>TIMELESS SEEDS</b> Conrad, MT 406-278-5722
<b>BIG COUNTRY SEEDS</b> North Liberty, IA 319-545-4500 877-733-3234	<b>F&amp;J SEED SERVICE</b> Woodstock, IL 815-338-4029	<b>GRIES SEED FARMS</b> Fremont, OH 419-332-5571 800-472-4797	<b>LAKEVIEW FARMS</b> Middletown, MO 573-549-2231	<b>MISSOURI SOUTHERN SEED CORP</b> Rolla, MO 573-364-1336 800-844-1336	<b>POGUE AGRICULTURAL PARTNERS</b> West Kenedy, TX 830-583-3456	<b>RUBISCO SEEDS</b> Philpot, KY 270-903-4994	<b>SIEMER/MANGELSDORF SEED CO</b> Teutopolis, IL 217-857-3171	<b>WEAVER SEED SUPPLY</b> Dongola, IL 800-801-3596
<b>BRETT-YOUNG SEEDS LTD</b> Winnipeg, MB (CA) 800-665-5015	<b>FEEDERS GRAIN</b> Corning, IA 641-322-4011	<b>GRINGER AG</b> Iowa City, IA 319-338-2280 866-338-2218	<b>LEON BIRD SEEDS</b> Tiffin, OH 800-743-2473	<b>MOORE SEED FARM</b> Elsie, MI 989-862-4686	<b>PRAIRIE BRAND</b> Story City, IA 800-544-8751	<b>RUPP SEEDS</b> Wauseon, OH 419-337-1841	<b>STEVE GROFF SEEDS</b> Holtwood, PA 717-575-6778	<b>WELTER SEED &amp; HONEY CO</b> Onslow, IA 563-485-2762 563-852-3325
<b>CISCO SEEDS</b> Indianapolis, IN 800-888-2986	<b>GLENWOOD FEED &amp; SEED</b> Glenwood, IA 712-527-3131	<b>HALL ROBERTS' SON</b> Postville, IA 563-864-7421 800-234-7421	<b>LILY LAKE ORGANIC FARM</b> Maple Park, IL 630-365-2019	<b>MWS SEEDS</b> Ashkum, IL 815-698-2204	<b>PRAIRIE CREEK SEED</b> Worthington, IA 563-590-8625 563-590-7929 (cell)	<b>SADDLE BUTTE AG</b> Shedd, OR 217-868-5181 (IL) 541-928-0102 (OR)	<b>THE CISCO COMPANIES</b> Winona Lake, IN 574-267-6101 (office) 317-696-3904 (cell)	
<b>ERNST CROWN-VETCH FARMS</b> Meadville, PA 814-425-7276	<b>GRASSLAND OREGON</b> Salem, OR 503-566-9900	<b>JOHNSTON SEED CO</b> Enid, OK 580-233-5800	<b>MICHIGAN STATE SEED SOLUTIONS</b> Grand Ledge, MI 517-627-2164	<b>PARAMOUNT SEED FARMS</b> Quinter, KS 888-762-2626	<b>PRAIRIE STATES SEED</b> Wausau, NE 402-373-2514	<b>SEED SOLUTIONS</b> Madison, WI 800-356-7333	<b>TIMBERLINE SEED</b> Kalona, IA 319-656-3527	

Source: PFI



# Many Thanks

Brandon Carpenter

Dana Jokela

Jennifer Tillman

Ray Kruse

Undergraduate students



Bernie Havlovic

Nick Howell

Vince Lawson



IOWA STATE UNIVERSITY  
Extension and Outreach



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**<http://iowavegetables.blogspot.com>**  
**[www.extension.iastate.edu/vegetablelab](http://www.extension.iastate.edu/vegetablelab)**



**Thank you !**

**Yes I am in Iowa**