Community Supported Agriculture



CSA



Linda Naeve Extension Value Added Agriculture Program Iowa State University

Overview of Marketing through a CSA

- About CSA's
- Advantages of a CSA to the farmer and customer
- Challenges of a CSA
- Types of CSA's
- Drop off Sites
- Marketing and pricing
- Resources

Community Supported Agriculture is

"... a partnership between farmers and community members working together to create a local food system."



How a CSA Works

- Farmer sells shares of the farm product to shareholders (customers)
- Shareholders get weekly delivery of products throughout the growing season
- Customers share the risks of production with the farmer

History of CSA's

- Early 1960's Concept started in Germany, Switzerland and Japan
- 1986 2 farms in US (east coast)

 Today – estimated over 12,500 CSA farms; found in every state



The 2014 CSA Farming Annual Report Trends and Statistics in CSA farming We studied 248 CSAs from across the United States and Canada that used our software to manage their CSA and this is what we learned. Total Members Analyzed Who did we study? 52,783 6,826 Average CSA membership size 213 10 How much did members spend for their CSA?





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CSA Advantages to Farmers

- All of your crop is sold prior to planting
- Receive payment early in the season
- Retail price

CSA Advantages to Farmers

- You can calculate how much you need to grow based on your number of shares
- Profitability can be estimated at the beginning of the season
- You know your customers and they know you

CSA Advantages to the Customer

- Know the farmer who grows their food
- Convenient
- FRESHEST product
- Good selection and assortment of produce



Challenges of a CSA

Must understand the culture of 25 or more different vegetables



Challenges of a CSA

Must have at least 6 or more different vegetables available every week for 14 or more weeks a year



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Healthy People. Environments. Economies.

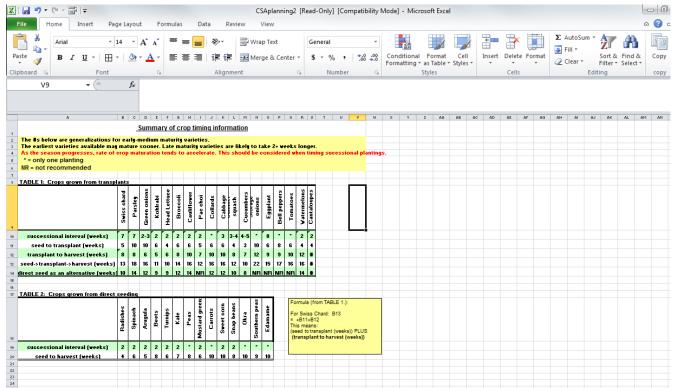
Challenges of a CSA

Must understand the post-harvest handling needs of those crops



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Spreadsheets for planning and Recordkeeping



http://growingsmallfarms.ces.ncsu.edu/growingsmallfarms-farmrecords/

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What to put in a CSA delivery

6 to 10 different kinds

Good mix of vegetables, but not overwhelming amount



Fruit



Pricing

Half Shares: 2 - 4 people

Full Shares: 4+ people

3 seasons of shares

4 week spring share

14 week summer share

6 week fall share



Pricing

Full shares <u>average</u> between \$20 and \$30/week





2014 SHARE DESCRIPTIONS

Start here

VEGETABLE SHARES

- FULL SEASON Share, \$430- Weekly supplies of the freshest, in-season, naturally-grown vegetables from
 asparagus & early greens, to summer staples like zucchini and tomatoes, juicy watermelon, to late season winter
 squash, leeks, onions and more. Deliveries cover 16 weeks, Mid-May through June & August to September.
- EOW (Every Other Week) Share, \$264 The same selection of fresh, in-season vegetables as in the FULL SEASON Share, delivered every other week, for a total of δ deliveries.
- SPRING Share, 7 weeks, \$196—Get a jump on summer with this package of delicious sweetness of fresh, green vegetables. This share includes asparagus, greens, edible peas, green onions, radish, and broccoli.
 Deliveries mid-May through early July.

THE CORNUCOPIA - \$820

Get the BEST of the season!

This share packs a season of flavor with 8

Shares, including: Full Season share, Fall

Winter Delivery, Fruit, Pesto Kit, Fresh

Fall Greens

Pick shares

order early!

Greens share, Thanksgiving Share,

Salsa Kit and Roast it Kit.

Saves vou \$17

- SUMMER Share, 9 weeks, \$324—Savor the "high season" of the gardens and eat right into the comfort foods of fall. Deliveries August through September.
- FALL GREENS Share, \$77-Just when you thought the gardens were
 done, here comes more. Revel in fresh in the fall with a great selection of
 greens, potatoes, carrots, beets, and onions.
 Delivered last three weeks of October.
- THANKSGIVING Share, \$70 Adopt an attitude of gratitude and enjoy a locally grown feast this Thanksgiving. Includes: winter squash, leeks, carrots, beets, onions, greens, potatoes– and more.
 2nd week of November. One full grocery sack.
- WINTER Delivery, \$130 Eat local deep into the winter. Includes potatoes, carrots, onions, beets, winter squash, and garlic, storage tips. Delivered 2nd week of December. Two full grocery sacks.
- YOU Pick Spring, \$140 5 deliveries that you schedule during our mid May to early July deliveries

 We are offering 10 TOTAL You Pick shares in 2014. We have one each to accompany our SPRING and SUMMER Share.

 Each share provides 5 deliveries during the respective Share. You schedule your deliveries with the farm's weekly supply according to your schedule. This share is our most flexible option yet!

YOU Pick Summer, \$180 – 5 deliveries that you schedule during our August to September deliveries

ADD-ONS - Available with at least one of the above Vegetable Shares only.

- Go Gourmet, \$65 (EOW option \$33) Find the gourmet cook within, stretch your pallet, take your food
 experience to the next level with this extra selection of diversity. Includes Mustard greens, Pac Choi, Chard,
 Dragon beans, Cherry tomatoes, Eggplant, Red Noodle beans. Adds 8-10 lbs. in all.
- Herb Share, \$30 (EOW option \$15) Spice it up au natural with a great selection of fresh culinary herbs!.
 Includes basil, oregano, thyme, sage, parsley, cilantro and more. Supplies provided as fresh cut and your own starter plants.
- Fruit Share, \$50 Supplies through the summer of scrumptious fruits. strawberries, raspberries, blueberries and apples. Fruit for this share comes from North Iowa Berries (Mason City), Winnebago Beeline & Gardens (Ventura), Huntley Gardens (Emmons, MN).
- Farm Fresh & Fast Cookbook, \$20 By the same group that published Asparagus to Zucchini. Farm Fresh &
 Fast is bursting with over 300 new recipes, features theme menu ideas, storage tips and seasonal cocktail recipes. A
 must for your cookbook shelf! A great gift idea!

ADD-ON KITS - Available with at least one of the above Vegetable Shares only. Delivered late August

- Pesto Kit, \$15 Enough Basil & garlic for 2-3 C. of pesto.
- Fresh Salsa Kit, \$10 Here's to healthy snacking!. Includes tomatoes, onion, garlic and hot peppers.
- Salsa Kit, \$46 Enough to can. Includes 15 lb. canning tomatoes, green pepper, garlic, onions, hot pepper.
- Roast it! Kit, \$55 Fantastic homemade marinara sauce. Includes 15 lb. canning tomatoes, onions, garlic, green
 pepper, basil, and oregano with our favorite roasted tomato recipe.
- Can it! Kit, \$32—Put up some summer for winter with canning tomatoes at their peak. Includes 15 lb. canning tomatoes.

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CSA Operations







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Multi-farm CSA

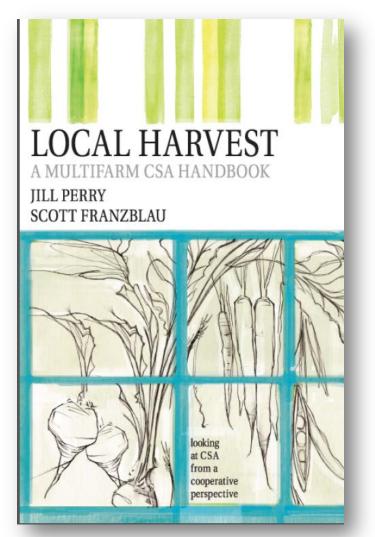




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Available through SARE Download free





http://www.northcentralsare.org/Educational-Resources/Books/Local-Harvest

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Market Style CSA



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CSA Operation Pick up or Delivery



On farm





Farmers' Market

Drop Off Sites



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Drop Off Sites Distribution













Drop Off Sites Distribution

- Easier to haul to site
- No need to furnish individual containers
- Less time required



- Food safety –
 Customers handle the produce
- The last customer gets what's left over and has been picked through
- Keep track of customers' pick up





Delivery





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Workplace CSA

- Efficient drop site
- Maintains quality and safety of the produce
- Convenient
- Builds camaraderie
- Supports company wellness programs



Add Value to your CSA

- Recipes
- Website/newsletters
- Open house/farm tour
- Annual potlucks for shareholders
- Delivery
- Split season payment
- SNAP payment

Marketing Your CSA

- Fliers at businesses
- Bulletin boards
- Speak to groups
- Send information to friends and friends of friends
- Online Marketing sites
- Social media

Referrals









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Retention

75%+ rate



Online Marketing Sites



Linking Agricultural and Seafood Markets





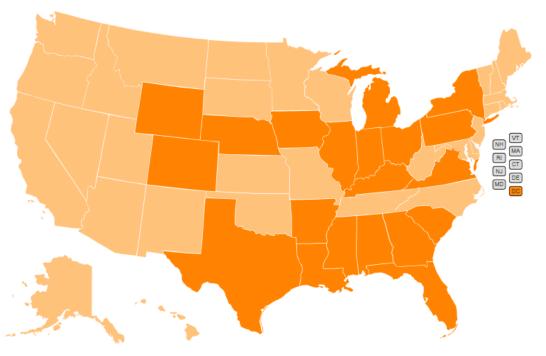
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National MarketMaker Partners Network

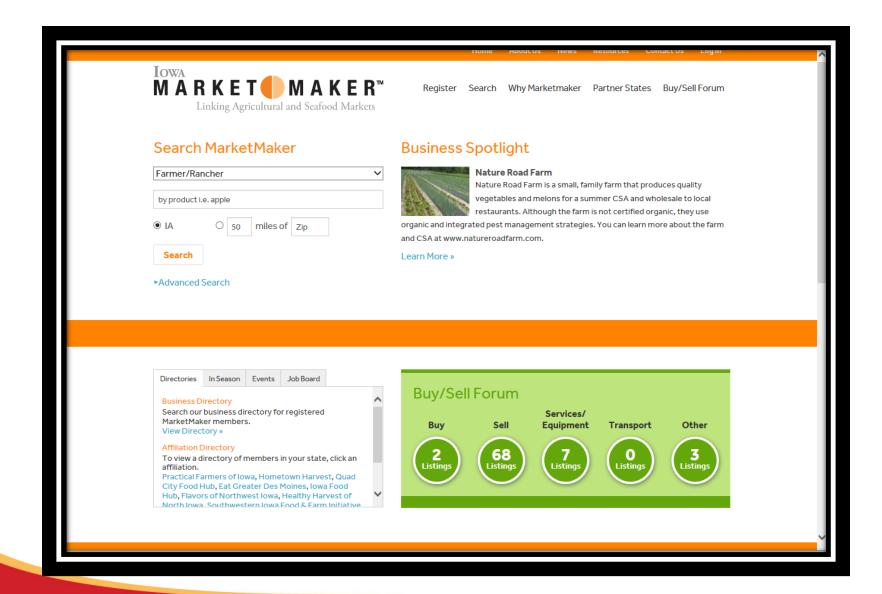
The MarketMaker Partners Network is a growing partnership of Land Grant Universities, Departments of Agriculture, and food and agricultural organizations investing in a coordinated effort to build a virtual infrastructure that brings healthier, fresher, and more flavorful food to the average consumer.

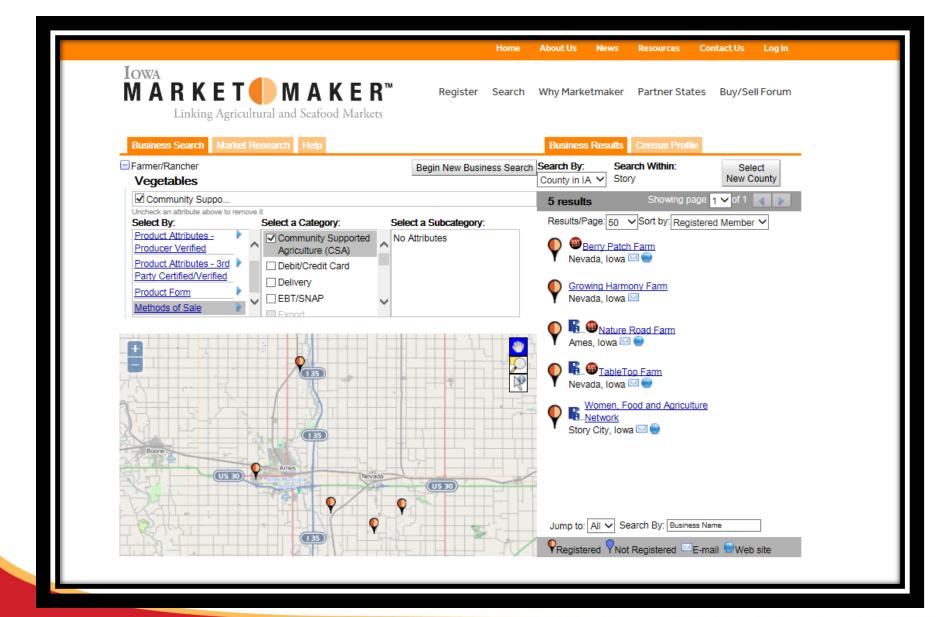
The map below shows 20 states (in dark orange) that are already part of our Partners Network. Those states each have their own, custom MarketMaker website. Click on the state image and explore state-specific information, articles and resources on their individual state sites.

We are actively seeking agency partners in the remaining 30 states (in light orange). If you would like to become an agency partner in any of these states, please contact us.



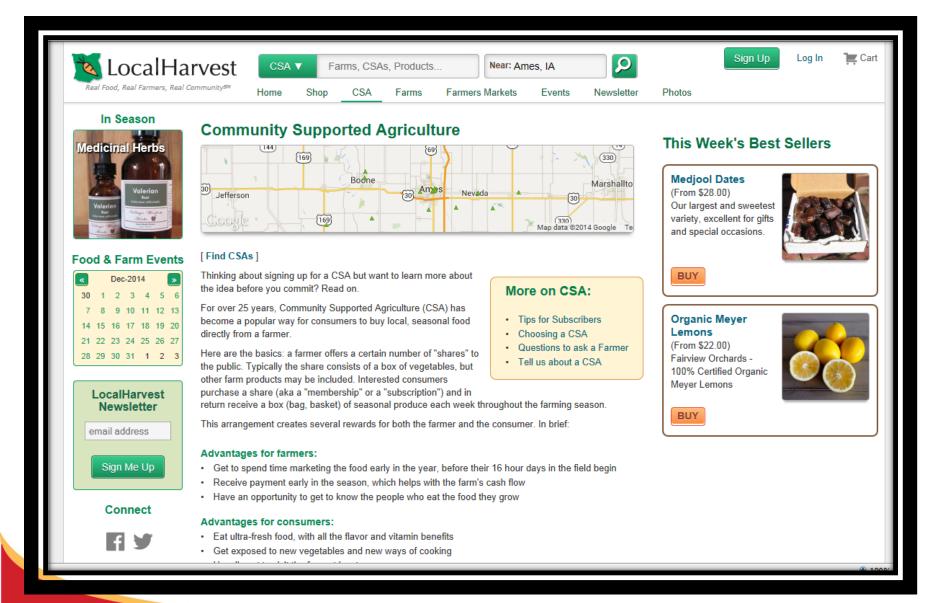
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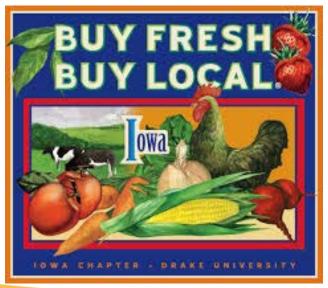
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In a CSA (Community Supported Agriculture), individuals make a

commitment to the farm by joining for the season and generally paying in advance. Farmers promise they will grow a wide variety of produce to share throughout the season. Together, farmers and CSA members share both the risk and the bounty. creating community at the most

fundamental level. Visit nur website www.drakehuvtreshbuviocai.org. for a list of CSAs in the Greater Des Moines community and to watch a video about our 2014



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2014 Statewide List of Iowa CSA Farms and Organizers

This directory provides a current list of known Iowa CSAs. We are making every effort to keep this list up-to-date, so please help us identify new CSAs or changes to existing ones. To provide additions and modifications to this list, please go to www.leopold.iastate.edu/csa or contact Savanna Lyons at the Leopold Center for Sustainable Agriculture, slyons@iastate.edu.

Many CSA farms in this directory are certified organic. Nearly all the CSA farms in this directory intentionally implement practices that contribute toward organic production. We encourage consumers and CSA farmers to discuss growing practices, including the decision to seek or not seek certification. Indeed, the openness of such discussions about food and how it is grown is one of the benefits of choosing to be part of a CSA.

What is Community Supported Agriculture (CSA) and how does it work?

Community Supported Agriculture (CSA) is a partnership between farmers and community members working together to create a local food system. CSA farmers produce fresh vegetables, fruits, meats, fiber or related products directly for local community members. Community members become shareholders by paying in advance for farm products. In this way, customers share the risks of production with the farmer.

CSA memberships may range from \$150 to \$800, depending on the season length and the variety and quantity of produce provided. The early payments provide capital up front when farmers' need is greatest. The farm then supplies fresh produce on a regular basis throughout the growing season and into the winter, if a greenhouse or storage is available. The produce harvest is divided into share amounts for each member. Most lowa CSAs distribute five to 20 pounds of vegetables once a week for 10 to 25 weeks, enough to feed two to four people. Some CSAs provide door-to-door delivery, some have central pick-up

sites, and in others, members come to the farm for their vegetables and other products.

Linking their eating with the ebb and flow of the farm produce offers CSA members a more involved role in their food system. Members of lowa CSAs report enjoying many benefits, including:

- Fresh food grown for taste and nutrition.
- Knowledge of their food's source and how it is grown or raised.
- The opportunity to support local family farmers who practice sustainable agriculture.
- Access to planned educational and recreational opportunities on the farm.
- Information about nutrition, food preparation and food preservation provided by the farm.

Partially reprinted from Gradwell, S., J. DeWitt, D. Mayerfeld, R. Salvador, and J. Libbey. Iowa State University Extention and Outreach. (Revised 1999). "CSA: Local Food Systems for Iowa" (Fact Sheet PM-1692). Arnes, IA.

Looking for more information?

Many different local organizations contributed CSA information to this directory. Consumers seeking more detailed information about what is available in their own area are encouraged to look up their lowa Buy Fresh Buy Local chapter at www.sites.google.com/site/bfbliowa. Buy Fresh Buy Local chapters are locally run and many of them create their own local food guides which contain

detailed, up-to-date information about CSAs, U-pick farms and other ways to find local food in each region.

Listings for Iowa farms, wineries, farmers markets, agritourism opportunities and more also can be found on Iowa Market Maker: www.marketmakeriowa.com.

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PM 1693 Revised December 2014

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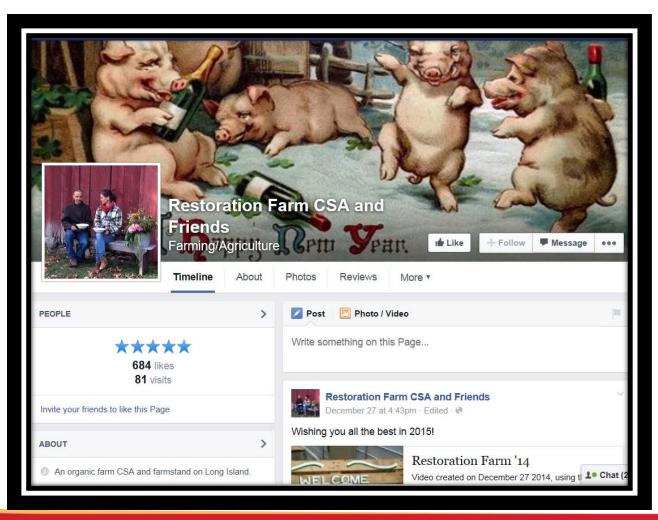
Website



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Social Media





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CSA Tips

- If just beginning commercial production, start with Farmers' Market sales
- Start CSA small and grow at a manageable rate
- Deliver a quality product
- Calculate input costs and set your price so you make a profit
- Determine the best delivery or pick up method & location that meets your customers' needs

Resources

CSA Resources

Websites:

Fairshare CSA Coalition, www.csacoalition.org

Know Where Your Food Comes From. Directory of Missouri CSA's http://knowwhereyourfood.com/community-supported-agriculture-csafarms/middle-west/missouri/

Crop Planning for CSAs, http://extension.psu.edu/business/start-farming/news/2013/crop-planning-for-csas

Production and Record Keeping Spreadsheets

Farm Planning and Record Keeping Spreadsheets, http://growingsmallfarms.ces.ncsu.edu/growingsmallfarms-farmrecords/

Marketing Websites:

MarketMaker: www.ia.foodmarketmaker.com

Local Harvest: www.localharvest.org

Food Routes Network (Buy Fresh Buy Local): http://foodroutes.org/buy-fresh-buy-local-program/join/

Publications:

Iowa CSA Farms, 2014 Statewide List of Iowa CSA Farms and Organizers, http://www.leopold.iastate.edu/pubs-and-papers/2014-12-iowa-csa-farms

Megan L. Bruch. 2010. A Farmer's Guide to Marketing through Community Supported Agriculture (CSAs). The University of Tennessee. Institute of Agriculture. https://utextension.tennessee.edu/publications/documents/pb1797.pdf

Books:

Perry, Jill and Scott Franzblau. 2010. Local Harvest: A Multi-Farm CSA Handbook.
Sustainable Agriculture Research and Education.
Download free as a pdf file and printed from
http://www.northcentralsare.org/Educational-Resources/Books/Local-Harvest.

Prepared by Linda Naeve, Extension Program Specialist, Value Added Agriculture Program
Iowa State University Extension and Outreach, January, 2015

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CSA Solution Hub

Table of Contents

The CSA Solutions Hub is everything we know about CSA farming. We want to share with you, so you can get better at what you do. Join our community of curious and successful CSA farmers.



47 Marketing Tips and Tricks for CSA Farms

This is the master list of marketing tips garnered from over 10 years working in and around CSA farms. These are not the obvious tips you have heard elsewhere: learn how to utilize bathroom stalls, happy hours and more to grow your CSA. There are ideas for

farmers of all experience levels here!

-By Simon Huntley, Small Farm Central



The 2014 CSA Farming Annual Report

This Fall, we analyzed 248 CSA farms that use the Member Assembler software with the goal of determining what is going on in the CSA farming movement by the

numbers. We were able to gather some really interesting statistics. Download the report here.

-By Simon Huntley, Small Farm Central



Managing Problems with CSA Members

What do you when members do not pick up a box? When they do not make a payment? When they want special treatment? Chris, drawing on 25 years in farming, will give you a framework for dealing with problems as well as deciding if this is a member problem

or a problem member!

-By Chris Blanchard, Flying Rutabega Works

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www.memberassembler.com/hub



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